



## Legend


## Water hikes

### Theme trail Wild Waters

<b>Schladming</b>	<b>Schladming, Untertal</b>

**Starting point:** **Kraiter car park**

On this 14,5 km theme path, you will experience water in all its facets – peaceful and glistening, foaming and thunderous, and in freefall over the rocks of the Schladminger Tauern. Mostly easy to moderate hiking paths next to alpine tarns, rushing streams and mighty waterfalls.



### Alpine trail through "Höll" gorge

<b>Schladming</b>	<b>Untertal</b>

**Starting point:** **Seeliten car park**

The alpine trail "Durch die Höll" leads via paths flanked by teeming waters to the shores of the Riesachsee. Most of this tour involves stairways and boardwalks close to the Riesachsee Waterfall. The water plunges thunderously a total of 140 meters into the depths below. A 50-meter suspension foot-bridge is especially spectacular, taking you over the Riesachbach.

### Neualm-Duisitzkarsee Circular Trail

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Eschachalm**

On this tour, you will hike from the Neualm to the Duisitzkarsee – one of the most beautiful mountain lakes in the region. A classic hiking trail leads through high forest across a forest floor with exposed roots. As far as the Neualm and from the Duisitzkar, you can also switch to the nearby forestry lane. Having arrived at the lake, the Fahrlechlütte and Duisitzkarhütte both invite you to stop by, relax and enjoy welcome refreshments.

### Bergsee Path – from Ursprungalm to Duisitzkarsee

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Ursprungalm**

On this alpine tour, you will occasionally hike on historic pathways next to the water, past alpine pastures and huts, and discover several mountain lakes. A former trading route leads from the Ursprungalm to the Duisitzkarsee. You can enjoy the most beautiful lake views on the path to the Mursplätzattel and from the Ferchthöhe.

### Silent Waters – Hike to Untersee

<b>Schladming</b>	<b>Reiteralm</b>

**Starting point:** **Preunegg Jet mountain station**

This is ideal for families. You will start at the Reiteralmsee next to the Preunegg Jet mountain station, then hike through a sparse coniferous forest to the Untersee. Even the path there is quite enchanting, with numerous smaller tarns and rest benches. Around the lake, too, there are lots of play opportunities for children.

### From Reiteralm to Spiegelsee

<b>Schladming</b>	<b>Reiteralm</b>

**Starting point:** **Preunegg Jet mountain station**

This leisurely, short mountain hike leads to one of the most beautiful hiking destinations in the region: Mirror Lake on the Reiteralm. From the mountain station of the Preunegg Jet, you will hike along paths that are not very demanding, through forest and pastures to the famous mountain lake. If there is no wind, the mighty south face of the Dachstein is reflected on its surface.

### Alpine Circular Trail to Moaralmsee

<b>Haus</b>	<b>Hauser Kablung</b>

**Starting point:** **top station of the Tauern Seilbahn or Quattralpinia lifts**  
On this tour, you will hike to one of the most beautiful mountain lakes in the Schladminger Tauern. The gondola will carry you in comfort to the starting point of the hike. From there, you will hike via alpine paths, though climbing only moderately, to this idyllic jewel of a lake. Refresh your four-legged friend at home – dogs are not permitted at the Moaralmsee.

### Gumpental – Moaralmsee

<b>Haus</b>	<b>Gumpental</b>

**Starting point:** **Stangl Alm car park**  
Romantic Gumpental is extraordinarily attractive due to its pristine alpine pastures. For hikers, this valley with the whole family is a reward destination. This tour takes a wide selection of play equipment. The upland downhill sections are very gentle and can even be negotiated comfortably with a pram.

## Family hikes and Themed walks

### Fairy Tale Path

<b>Schladming</b>	<b>Rohrmoos</b>

**Starting point:** **Junction Schwärzhof car park**

This hiking loop is great fun for the whole family! At numerous fairy tale stations along the clearly signposted path through meadows and forests, young visitors also discover a wide selection of play equipment. The upland downhill sections are very gentle and can even be negotiated comfortably with a pram.

### Mushroom Path

<b>Schladming</b>	<b>Rohrmoos</b>

**Starting point:** **Hochwurzen valley station**

You will discover chanterelles and lots of other native mushrooms along this route via forest paths and forestry lanes to the Hochwurzen. Several info boards along the way share interesting facts about chanterelles, porcini et al. Also pram-friendly from start to finish, promising an enjoyable experience for the whole family.

### Rossfeld Nature Path

<b>Schladming</b>	<b>Hochwurzen</b>

**Starting point:** **Hochwurzen mountain station**

The Rossfeld nature path is an instructive walk for young and old, with numerous info boards telling all about the region's flora and fauna. On a wide, easy pathway, you will hike a little downhill from the mountain station of the Hochwurzen summit lift, then uphill again to the Rossfeld. If you prefer to avoid the uphill hike, you can simply enjoy a rest on one of the 20 original benches standing along the Bench Path at the foot of the Rossfeld.

### Schmelzofen Circular Trail

<b>Schladming</b>	<b>Obertal</b>

**Starting point:** **Wehrhofalm**

This easy, short walking loop is also suitable for prams, leading from the Wehrhofalm out to the historic nickel smelter in Obertal just outside Schlading. Here and with great commitment, the only ruin of a nickel smelter in all of Europe was restored and, through addition of a walkable display case, turned into a small museum offering interesting insights.

## Panorama-Walks

### Hochwurzen Circular Trail

<b>Schladming</b>	<b>Hochwurzen</b>

**Starting point:** **Hochwurzen valley station**

On and from the Hochwurzen in Rohrmoos, you will find several opportunities for scenic hiking tours, the most beautiful being path No. 60 through forests and meadows. The path over the Hüttesattel is a little more direct, but also steeper. For the walk back down to the valley, we suggest the pram-friendly "4 Seasons Path".

### Hochwurzen – Rossfeld – Guschen

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Hochwurzen mountain station**

On this moderate tour, you will hike to the beautiful summit of the Guschen. Arolla and mountain pine flank the path, while the gentle undulations of the Rossfeld make this tour very relaxed. From the Hochwurzen and Guschen, you will enjoy panoramic views of the Dachstein massif and Schladminger Tauern.

### Untertal Panorama Path

<b>Schladming</b>	<b>Untertal</b>

**Starting point:** **Untertal Valley**

A scenic tour that lives up to its promise. On easy paths, you will hike along the side the Untertalbach and occasionally higher up the Gischachsee through the front portion of Untertal. Along the way, you will get to enjoy beautiful valley views and the magnificent sight of the Dachstein massif.

### In the Miners' Footsteps – from Untertal Valley to Obertal

<b>Schladming</b>	<b>Untertal, Obertal</b>

**Starting point:** **Untertal Valley**

From Untertal, you will hike past many traditional farmhouses into Obertal. Constantly next to the Obertalbach, an ideal opportunity to cool off from time to time. In front of you, the Schladminger Tauern, where miners once quarried silver and nickel from deep inside the mountains. As an alternative, you can also set out from the town center of Rohrmoos.

### From Wieslechain to Planai

<b>Schladming</b>	<b>Planai</b>

**Starting point:** **Trail head Planai Stadium**

The easternmost route from Schladming up the Planai begins at the hiking info portal next to Planai stadium, initially through stretches of forest and mountain meadows. As of the Wieslechain, you are mainly in a mountain forest until you reach the Planai mountain station. If you tack another 10 minutes onto your hike, you will be able to enjoy the magnificent panorama from Planai summit.

### Erzweg Circular Trail

<b>Schladming</b>	<b>Planai</b>

**Starting point:** **Rastenberg, Hotel Poserhof**

The Ore Path owes its name to the silver-bearing ore deposits that were mined on the Krabbergknippen already in the 17th cent. Back in those days, the miners labored arduously transporting the ore back along this path to Schladming. Today, however, you can simply enjoy the glorious views of the Ramsau plateau and Dachstein massif.

### Planai Panorama Trail

<b>Schladming</b>	<b>Planai</b>

**Starting point:** **Planai mountain station**

This hiking loop is almost flat, taking you once around the summit of the Planai. The name says it all, since this trail leads to the amazing view of Ennstal, the Dachstein and the surrounding mountain world. But the path also teaches you a lot: Several info boards tell you about the flora and fauna, and other interesting tidbits from the region.

### Gollinghütte and Gollingwinkel at Steinriesental

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Seeliten car park**

The Gollinghütte and Gollingwinkel are two relatively easy-to-reach hiking destinations at the foot of the imposing Golling north face. A moderate climb will lead you through aptly named Steinriesental, the "valley of rock giants". The Gollingwinkel is an impressive natural "amphitheater", nicknamed the "place of the gods".

### Reiteralm Summit Circular Trail

<b>Schladming</b>	<b>Reiteralm</b>

**Starting point:** **Preunegg Jet mountain station**

This path takes you to the top of several peaks. From the mountain station of the Preunegg Jet, a moderate climb will bring you to the Gasseelhöhe. You now continue through pine trees and alpine meadows in the direction of the Rippettegg. From there, you make a steep descent to famous Mirror Lake before a wide forestry lane leads you back to your original starting point.

### From Reiteralm to Pichl

<b>Schladming</b>	<b>Reiteralm</b>

**Starting point:** **Preunegg Jet mountain station**

This hike begins next to the Reiteralmsee, leading via a hiking trail and, in some cases, forestry lanes down into Preuneggtal. There are also some sog-segments alongside the Reiteralm and Preunegg roads. The views of the Ramsau plateau and Ennstal valley are simply splendid.



	hike – easy
	hike – moderate
	hike – difficult
	via ferrata
	cableway – summer operation
	cableway – winter operation
	starting point
	car park
	paid car park
	public toilet
	lake / outdoor swimming pool
	indoor swimming pool
	hospital
	info office
	ATM
	village shop
	train station
	e-charging station
	cable car
	chairlift
	hut with overnight stay & service
	camping
	go-kart
	golf course
	archery
	horse riding
	sight
	via ferrata
	gastronomy
	grocery store
	museum
	gas station
	pharmacy
	driving ban
	toll station
	bus station

## Legend

## Short walks and Leisurely tours

### From Hochwurzen to Untertal Valley

<b>Schladming</b>	<b>Rohrmoos, Untertal</b>

**Starting point:** **Hochwurzen mountain station**

This hike is exclusively downhill. From the summit of the Hochwurzen, you will hike down into Untertal, mostly on alpine trails becoming quite steep at times. These are regularly interspersed by forestry lanes and meadow paths, giving you a chance to catch your breath.

### Short Trails Circular Trail via Johanna Höhe

<b>Schladming</b>	<b>Rohrmoos, Obertal</b>

**Starting point:** **Trail head Rohrmoos centre**

This tour is a shorter alternative to the full "Krappenerndel". Half-way to the Hochwurzen, you will branch off into Obertal, an extended loop and beautiful forest path bringing you back to Rohrmoos. Along the way, you will mostly find yourself on farm paths, narrow roads, meadow trails and forestry lanes.



### Ursprungalm Circular Trail "Spring of Senses"

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Ursprungalm**

This pram-friendly hiking loop on the Ursprungalm is both scenic and instructive. Numerous info boards provide intriguing insights into the history of mining at the Ursprungalm and Giglachseen. You will also find information and exhibitions about a Heidei film that was shot here in 1988.

### Planai World Cup Trail

<b>Schladming</b>	<b>Planai</b>

**Starting point:** **Planai mountain station**

Here, you will hike in the same place where world champions come to ski in winter. From the Planai mountain station, you will follow the race piste all the way down to Schladming. A beautifully laid-out, winding path takes you past the starting points of the men's downhill and Super-G, as well as key passages of the World Championship races.

### Alpine path Ursprungalm – Giglachseen – Hochwurzen

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Ursprungalm**

This hike has many high lights in store. You will hike past the Giglachseen and Betteersee lakes, and up several summits. You will mostly be on alpine hiking paths, interspersed with high pastures and rocky terrain, while other stretches lead through magical forests of larch and pine.



### Around the Styrian Kalkspitze

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Ursprungalm**

In the midst of the ancient rock of the Schladminger Tauern, the limestone peaks of the Steirische and Lungauer Kalkspitze really stand out. This alpine tour treats you to marvelous views of them both. That said, the two Giglachseen, the Oberrhiesee and several refreshment points along the way make this tour especially attractive. Experienced mountaineers may also wish to conquer the summits of the Steirische and Lungauer Kalkspitze as well.

### Rotmandlspitze: From Ursprungalm to Eschachalm

<b>Schladming</b>	<b>Schladminger Tauern</b>

**Starting point:** **Ursprungalm**

All kinds of experiences await you on the way from the Ursprungalm to the Eschachalm. You will hike along a historic Roman way, past the high-alpine Giglachseen and Knappensee lakes, and cross the striking Rotmandlspitze. Heading back to the valley, you will hike from the Keinprechtthütte towards the beautiful alpine pastures of the Neualmkar.

